

THEME 5 PSYCHOLOGY GRAMMAR

1. MAKING SUGGESTIONS

1. Let's do sth

Let's study together.

It is a nice today. Let's go out and have a walk.

Negatives: Let's not stay at home.

Let's not study tonight.

2. Shall we / I ...?

- A: Shall we go on a picnic at the weekend.

B: That's a good idea.

- A: Shall I help you?

B: Yes, please.

3. Why don't / doesn't + subject...?

- A: Oh, I'm getting sleepy.

B: Why don't you go to bed?

- A: Brian has a terrible toothache.

B: Why doesn't he go to his dentist?

A: I suppose he is afraid of visiting the dentist.

4. Would you like to V1 ...?

A: Would you like to go to an Italian restaurant tonight?

B: Yes, that would be great. I like Italian food.

5. Do you fancy Ving ...?

A: Do you fancy going to the cinema tonight?

B: Oh that sounds like a good idea.

6. What about Ving..?

A: What about going for a walk in the afternoon?

B: Yes, why not?

7. How about Ving ...?

A: How about going swimming at the weekend?

B: That's a good idea. I love swimming.

8. I suggest Ving ...?

I suggest visiting your grandparents.

I suggest going abroad to learn a language.

9. I suggest somebody do something

I suggest you visit your grandparents

I suggest Ali go abroad to learn a language

A. Match the statements with the suggestions given. One suggestion is extra.

1. I can't make friends easily. I feel shy. _____
 2. I feel sleepy and exhausted during classes. _____
 3. I'm moody nowadays. I feel depressed due to the health problem I've experienced. _____
 4. I feel stressed because I have a math exam tomorrow. Although I've studied hard for it, I'm not self-confident at all. ____
 5. I feel bored because it's been raining nonstop for three days. I have got to weather in. _____
 6. I feel pessimistic when I think about all the exams I'll sit for throughout my education. _____
- a. Why don't you try to take one small forward step at a time to build your confidence?
 - b. Why don't you take up a new hobby? That will distract you from your problem(s).
 - c. Just relax, calm down and believe in yourself. You'll see that it helps.
 - d. Don't you know that listening to the sound of the rain will relax you? Just try.
 - e. Those exams will help you make progress. Remember that there is always a way out and focus on solutions.
 - f. Why don't you examine your mistakes and learn the correct answers before revising for the next exam?
 - g. I suggest that you go to bed early at night. Drinking a cup of herbal tea before going to bed may be of help.